

Behavioural Support Rounds

August 20 2:00 – 3:00 PM EST *Line opens 10 minutes before

Topic:

Sleep Disturbance in People with Dementia: What works?

Presented by:

Dr. Christopher Kitamura MD, FRCPC Geriatric Psychiatrist, Baycrest Health Sciences

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Learning objectives:

1. Review normal and abnormal sleep in people with dementia
2. Review causes and impact of sleep disturbance in people with dementia
3. Review treatments for sleep disturbance in people with dementia
4. Practice applying treatment techniques to a case

How to participate:

- **You must register in advance for this meeting.** After registering, you will receive a confirmation email containing information about how to join. [Click here to register](#)
- If you have any Zoom questions, please contact [Agnes Cheng Tsallis](#)
- To be included on the distribution list for these rounds, please contact [Stacey Guy](#)

These Rounds are open to all health professionals and students and provide a learning forum to review leading practices in the assessment and supportive management of challenging responsive behaviours in individuals living with dementia. The purpose is to offer practical approaches to support the work of front-line healthcare providers in caring for persons with responsive behaviours.

Accessible through Zoom, these Rounds are co-sponsored by the Baycrest Toronto Central – LHIN Behaviour Support for Seniors Program and the Ontario Centres for Learning, Research and Innovation in Long-Term Care at Baycrest.

Your feedback is valued! Please submit your anonymous evaluation [here](#)

